

Learning Styles Inventory

Name: _____ Date: _____

Group 1

- ___ I like to read when I have free time.
- ___ I like to read a report rather than be told what's in it.
- ___ I understand something best when I read it.
- ___ I remember what I read better than I remember what I hear.
- ___ I would rather read a newspaper than watch the news on TV.
- ___ **Total number of check marks in Group 1**

Group 2

- ___ I take notes when I read to better understand the material.
- ___ I take lecture note to help me remember the material.
- ___ I like to recopy my lecture notes as a way of better understanding the material.
- ___ I make fewer mistakes when I write than when I speak.
- ___ I find the best way to keep track of my schedule is to write it down.
- ___ **Total number of check marks in Group 2**

Group 3

- ___ I like to listen to people discuss things.
- ___ I learn more when I watch the news than when I read about it.
- ___ I usually remember what I hear.
- ___ I would rather watch a TV show or movie based on a book than read the book itself.
- ___ I learn better by listening to a lecture than by taking notes from a textbook on the same subject.
- ___ **Total number of check marks in Group 3**

Group 4

- ___ I remember things better when I say them out loud.
- ___ I talk to myself when I try to solve problems.
- ___ I communicate better on the telephone than I do in writing.
- ___ I learn best when I study with other people.
- ___ I understand material better when I read it out loud.
- ___ **Total number of check marks in Group 4**

Group 5

- I can “see” words in my mind’s eye when I need to spell them.
- I picture what I read.
- I can remember something by “seeing” it in my mind.
- I remember what the pages of a book look like in books I’ve read.
- I remember people’s faces better than I remember their names.
- Total number of check marks in Group 5**

Group 6

- I like to make models of things.
- I would rather do experiments than read about them.
- I learn better by handling objects.
- I find it hard to sit still when I study.
- I pace and move around a lot when I’m trying to think through a problem.
- Total number of check marks in Group 6**

Interpreting the Inventory

There are six basic learning styles: reading, writing, listening, speaking, visualizing, and manipulating. You probably use a combination of several learning styles as you go about your work. The learning styles inventory is designed to point out your *strongest* learning styles. Look over the inventory that you took above. In which groups did you have the most check marks?

If you had three or more check marks in Group 1, **reading** is one of your preferred learning styles. You find it easier to learning information by reading printed words.

If you had three or more check marks in Group 2, **writing** is one of your preferred learning styles. You learn information more easily when you express it in written form.

If you had three or more check marks in Group 3, **listening** is one of your preferred learning styles. You find it easy to learn information that you hear.

If you had three or more check marks in Group 4, **speaking** is one of your preferred learning styles. You are best able to learn while you express yourself out loud.

If you had three or more check marks in Group 5, **visualizing** is one of your preferred learning styles. Your mind’s eye is a very powerful learning tool for you. You learn well when you use your brain to “photograph” information.

If you had three or more check marks in Group 6, **manipulating** is one of your preferred learning styles. You learn well when you are able to handle and touch objects you’re learning about. Manipulating situations by changing your location, moving around, etc., also helps you learn.